



# RESILIENT PARENTING

Caring for children can be challenging! Join us in a virtual space to learn how to utilize empathy, respect, understanding, and healthy boundaries to promote positive connection. This is a curriculum-based group for caregivers of children of all ages.



Meet other  
parents



Get your questions  
answered



Gain education  
around discipline

Starting:  
**September 17th**  
at 4pm-5pm

Frequency:  
**1st & 3rd Tuesday**  
Each Month

Join here:



Join here: <https://meet.google.com/gve-hsnf-hdi>

Gift card giveaway each month for those who  
join! Questions? Call Tylee: (541)910-6380

**CHD**